

Week 3 Curriculum

Patience

Monday, June 24

Lesson: Patience

- **Large Group Bible Lesson** (30 minutes - led by youth group):
 - Sing Worship Songs
 - Today you are introducing the 4th Fruit of the Spirit “Patience”.
 - Have several students come on stage and participate in games that take patience. I.e. the quiet game, marshmallow test
 - Have you ever stood in line for a really long time or waited your turn to play with a toy? It’s no fun, is it? It can be hard to wait. But when we do without complaining, it’s called patience. When we’re patient, we can stay calm. Did you know that God is really good at being patient? God does not get angry quickly. God is good at waiting.
 - Option 5, Act it out (Lesson 26 Believe Curriculum attached)
- **Activities (30 minutes - led by Youth Group)**
 - We will not be having normal rotations like in past years. Each color group will only go to ONE activity per day. Please see the **activities guideline** at the end of this curriculum for further details.

Color Group	Activity
Orange Group	Board Games/Art & Crafts
Blue Group	Memory Verse
Yellow Group	Outside Play

- **Small Group Review Time** (30 minutes - led by Impact Interns):
 - SAY, Today’s lesson is all about patience. We must wait only a little while for something kind of fun and silly, like this color-changing flower. In the Bible, there are many examples of people who waited years and years for something very important. Ask the

children to share different ways they have been patient in the past?

- Step 1, Come Together (Lesson 26 Believe Curriculum)

Tuesday, June 25

Lesson: David and King Saul- Patience

- **Large Group Bible Lesson** (30 minutes - led by youth group):
 - Sing worship songs and we will show Video 26 from the believe curriculum
 - 1 Samuel 24:1-22 Great story to act out.
 - How wise David was to wait for God's timing. If David had gotten angry, something terrible might have happened. But instead, David was patient. He did not get angry. Even though it was a very stressful time, he waited to see what God wanted him to do.
- **Activities (30 minutes - led by Youth Group)**
 - We will not be having normal rotations like in past years. Each color group will only go to ONE activity per day. Please see the **activities guideline** at the end of this curriculum for further details.

Color Group	Activity
Orange Group	Outside Play
Blue Group	Board Games/Arts & Crafts
Yellow Group	Memory Verse

- **Small Group Review Time** (30 minutes - led by Impact Interns):
 - Option 2 - Patience in Proverbs (Lesson 26 Believe Curriculum)
 - REVIEW DAVID • ASK, What did David's men encourage him to do when he encountered Saul? (They wanted him to kill Saul) • ASK, What did David do instead of killing Saul? (He cut off a corner of Saul's robe) • ASK, How did David show patience? (He didn't kill Saul; he bowed before Saul out of respect for the king; he respected God's anointed one; he waited on God's timing and believed God's promises)

Wednesday, June 26

Lesson: Jesus Heals a Disabled man- Patience

- **Large Group Bible Lesson** (30 minutes - led by Youth Group):
 - Sing Worship Songs
 - John 5:1-15 Great story to act out for the kids
 - How happy that man must have been when Jesus made his legs better. I bet he ran all the way home! At last, his stressful situation was gone. So how does God provide the help you need to deal with stress? The next time you're angry, or upset, think about David or the man who couldn't walk. Think about how patient they were. You could try counting to five to help you be calm. And as you count, think about Jesus and what he would want you to do. If you can be patient and calm, even when things go wrong, everyone around you will notice. And you will not just be helping yourself - you will be helping others too.
- **Activities (30 minutes - led by Youth Group)**
 - We will not be having normal rotations like in past years. Each color group will only go to ONE activity per day. Please see the **activities guideline** at the end of this curriculum for further details.

Color Group	Activity
Orange Group	Memory Verse
Blue Group	Outside Play
Yellow Group	Board Games/Arts & Crafts

- **Small Group Review Time** (led by Impact Interns):
 - Option 1, Patience Tower (Lesson 26, Believe Curriculum attached)
 - REVIEW THE MAN AT THE POOL • ASK, How did the man at the pool show that he hoped or expected God to heal him? (He tried to be first into the healing water when it was stirred) • ASK, What can we learn from the way in which he was actually healed? (Sometimes we are working toward or praying for one solution, but God has a different one in mind) • PRAY, God, please help us become patient people. Help us to wait on your timing in all things and keep us from complaining or becoming angry while we pray and wait. Amen

Thursday, June 27

Lesson: Review

- **Large Group Bible Lesson** (30 minutes - led by youth group):
 - Sing Worship Songs
 - Review Love, Joy, Peace, and Patience in a fun skit that engages the kids. They will be battling during small group time.

- **Small Group Review Time** (30 minutes - led by Impact Interns): Review the first 4 Fruits of the Spirit “Love, Joy, Peace and Patience”. The children will battle in their small groups and the winner will represent their color group and battle the other colors groups in the big assembly group. Help the children review all the Fruits of the Spirit until now and the stories. Good Luck!

- **No Activities on Thursdays**

Activities Guidelines

*This Summer instead of the normal rotations we have done in years past, each color group will go to ONE activity per day. Therefore, your group will only need to plan **3 activities** for the entire week. Activities will take place immediately following Large Group time for 30 minutes. This time will be less structured, but the idea is that the Impact children “little buddies” will pair up with the youth group “big buddies” and have time to build their relationship and dig deeper. At the end of Large Group time, we will put 3 “dig deep” questions on the screen for the buddies to discuss together during activity time. Plan for about 60-70 kids in each group.*

	Monday	Tuesday	Wednesday
Board Games/Arts & Crafts	Orange Group	Blue Group	Yellow Group
Memory Verse	Blue Group	Yellow Group	Orange Group
Outside Play	Yellow Group	Orange Group	Blue Group

Board Games/Arts & Crafts - This activity will take place in the Spanish auditorium and classrooms 5 & 6. We will provide some board games and art supplies but encourage you to bring some of your own games and art supplies. This is a “free choice” time for the children and their buddies. The children are required to stay in the designed area and participate but they can choose any activity they would like in those 30 minutes.

Memory Verse - This activity will take place in rooms 1 & 2. Please prepare several memory verse games and activities for the children to participate in during this time to help them memorize the summer and weekly verses.

- Summer Memory Verse: *But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. - Galatians 5:22-23*
- Week 3 Memory Verse: *Whoever is patient has great understanding, but one who is quick-tempered displays folly. - Proverbs 14:29*

Sample Memory Verse Activities

- **Cup stacking** - Write each word of the verse on a cup and mix them up. Have the kids work together to put the verse in order by stacking the cups.

- **Hand Signs:** Assign a hand motion for each word of the verse. Teach the children the hand signs and the words at the same time. Then say the words while the children only do the hand motions. And then do the hand motions while the children say the words.
- **Volley Verse:** Sit or stand in a circle. Take a soft ball or balloon and pass it around in a circle, each person saying one word of the verse as they hold the ball and pass it on. Go fast and slow, repeating the whole verse each time. When the kids feel comfortable saying the verse, volley the ball from person to person across the circle, letting each person say one word as they pass the ball.
- **Verse Pop:** Gather several small strips of paper and write one or two words of the verse on each strip. Put each paper inside a balloon and inflate the balloon. Let the children who are sitting the most quietly pop the balloon handed to them and say the word they find inside. Have all the children repeat the word and continue until all the balloons are popped. Have a copy of the entire verse ready so that, in the end, the children can see the whole verse on one page. Repeat the verse several times with all the children.
- **Verse Puzzle:** Write the verse on a piece of paper and cut the paper into 6-10 pieces. Let the children put the puzzle together as a team. Make sure everyone gets a chance to help. When it is finished, say the verse altogether. Put the puzzle together again. See how fast the children can finish the puzzle and say the verse.
- **Memory Verse Challenge:** Make signs using construction paper with one or two words of the verse on each. Have several workers or children stand at the front and hold the signs so that everyone can see the words. Lead the children in saying the verse together a few times. Then, one at a time, have the sign holders hide their sign, and say the verse together again. Repeat this until all the signs are hidden and say the verse one more time.
- **Teams:** Divide the kids into two teams. Let one side say the first part of the verse and let the others complete it. See how loud and soft and fast and slow each side can be. (Remember you can be creative in your team divisions: Boys v. Girls, Sandals v. Tennis Shoes, Eye or Hair Colors, kids wearing shorts v. kids wearing jeans...etc.) Compliment both teams on a job well done.
- **Outside Play** - This activity will take place in the outside area of Impact - we have a volleyball court, basketball court, and gaga ball pit. We encourage you to bring sports equipment and your own games to teach the kids. However, like the board games activity - the children are free to choose what they would like to do during this time. It is important that all children are paired up with a big buddy during this time.

In the event of rain, this activity will move to the large English Auditorium to play large group games.



LESSON 26 | Patience

Bible Basis: 1 Samuel 24:1–22; John 5:1–15

Key Verse: Proverbs 14:29: “Anyone who is patient has great understanding.”

Key Question: How does God help me wait?

Key Idea: I do not get angry quickly, and I am patient, even when things go wrong.

Resources:

- Video 26, “Patience”
- *Believe Kids’ Edition*, Chapter 26, “Patience”

Master Supplies List

- Believe Kids’ Edition*
- Video 26, “Patience”
- DVD player
- Sewing needles (one for every four students)
- Pink erasers (one for every four students)
- Thread
- Family Page (one per student)

Optional Supplies

You will need the following supplies based on which option(s) you choose in **STEP 3 | Explore More:**

- OPTION 1:** Decks of playing cards (one deck per group of students)
- OPTION 2:** Bibles
- OPTION 3:** Lined paper, pencils
- OPTION 5:** Copies of Psalm 23 script (one per student)

STEP 1 | Come Together (10 min)

Supplies: Sewing needles (or yarn or tapestry needles) with an eye large enough to accommodate four pieces of thread (one for every four students), pink erasers (one for every four students), thread

Teacher Prep: Cut the thread into 10" lengths, one per student. Press the pointed end of each needle into an eraser so that it stands straight up when set on a table.

- GATHER the students.

THE CHALLENGE

- SAY, I'm going to give you a group challenge to start off today. The group that completes the task first wins.
- DIVIDE the class into groups of four, and give each student one piece of thread.
- TELL the students that on your signal, the goal is to get everyone's thread (one at a time) through the eye of the needle, but no one can touch the needle or the eraser. Once one person gets the thread through, they are to leave it there and give the rest of the students in the group a chance to get their threads in. (In the end, a group of four students would have four threads hanging from the eye of one needle.)
- ALLOW the students to attempt the task. End the game when one group is successful.

DISCUSSION

- DISCUSS the following questions:
 - What made this activity challenging?
 - What was the most successful approach?
 - Who was really patient in your group?
 - Who found it hard to be patient?
 - Who is still frustrated that your group didn't get to finish?

WHAT'S PATIENCE?

- SAY, We are going to learn about patience today.
- ASK, Who thinks they know what *patience* means? (Take responses)
- SAY, Patience means waiting for the right time to do something or waiting for something we want. It can be hard to wait, especially when we have a problem. But God wants us to be patient rather than complain or get angry.

- CONTINUE, In today's story, you'll hear about some people in the Bible who faced much bigger challenges than what you faced in this activity.

KEY VERSE

- REVIEW this week's Key Verse. You may want to repeat the verse slowly a few times until the students are able to say it from memory.
- **NOTE:** You may also choose to review last week's Key Verse together.

Proverbs 14:29: "Anyone who is patient has great understanding."

STEP 2 | Hear the Story (15 min)

Supplies: Video 26, "Patience"; DVD player; *Believe Kids' Edition*

Teacher Prep: Have the video set and ready to play.

WATCH VIDEO 26 / READ CHAPTER 26

- WATCH video 26, "Patience," included with this curriculum.
- READ "Patience is Waiting for an Answer to Prayer" (John 5:1-15) from *Believe Kids' Edition*.

REVIEW DAVID

- ASK, What did David's men encourage him to do when he encountered Saul? (They wanted him to kill Saul)
- ASK, What did David do instead of killing Saul? (He cut off a corner of Saul's robe)
- ASK, How did David show patience? (He didn't kill Saul; he bowed before Saul out of respect for the king; he respected God's anointed one; he waited on God's timing and believed God's promises)

REVIEW THE MAN AT THE POOL

- ASK, How did the man at the pool show that he hoped or expected God to heal him? (He tried to be first into the healing water when it was stirred)
- ASK, What can we learn from the way in which he was actually healed? (Sometimes we are working toward or praying for one solution, but God has a different one in mind)
- PRAY, God, please help us become patient people. Help us to wait on your timing in all things, and keep us from complaining or becoming angry while we pray and wait. Amen.

STEP 3 | Explore More

Choose from these activity options, depending on your available time frame, to help the students explore the lesson further.

Option 1: Towers of Patience (15 min)

Supplies: Decks of playing cards (one deck per group of students)

- **DIVIDE** the students into small groups of four or five. Give each group a deck of playing cards.
- **SAY**, Today we've learned about being patient, and you will need plenty of patience for this game.
- **INSTRUCT** the small groups to work together to build a card tower with their playing cards (demonstrate how to do this). It will take a lot of patience to work together in groups and build card towers without them falling down.
- **SAY**, After ten minutes, whichever group has the tallest standing card tower will win.

Option 2: Patience in Proverbs (20 min)

Supplies: Bibles

- **DIVIDE** the students into four or five groups.
- **ASSIGN** each group a verse about patience from the book of Proverbs (14:29; 15:18; 16:32; 19:11; and 25:15, if needed).
- **INSTRUCT** the students to come up with a scenario to act out before the class to illustrate their verse.
- **ALLOW** time for the students to create and practice a short scene.
- **TELL** each group to introduce their scene by reading the verse aloud.
- **ALLOW** time for each group to present their scene to the class.

Option 3: Response to Healing (15 min)

Supplies: Lined paper, pencils

- **TELL** the students to imagine themselves as the man who had waited thirty-eight years to be healed.
- **GET** them into character by imagining together what his life was like, how he felt, what happened each time the water was stirred, etc.

- GIVE each student lined paper and a pencil.
- INSTRUCT half of the students to write a diary entry as if they were the crippled man on the day *before* being healed.
- INSTRUCT the other half of the students to write a diary entry as if they were the man on the day *after* he was healed.
- DIVIDE the students into pairs with each pair having one *day before* student and one *day after* student.
- ALLOW the students time to read their diary entries to their partners, beginning with those who wrote on the day before the healing.

Option 4: Praise and Worship (15 min)

“Desert Song” by Brooke Ligertwood
 © 2008 by Hillsong Music Publishing
 (admin. by EMI Christian Music Publishing)
 CCLI #5060793

“Waiting Here for You” by Chris Tomlin, Jesse Reeves, Martin Smith
 © 2011 by Gloworks (admin. by EMI Christian Music Publishing)
 CCLI #5925663

Option 5: Act It Out (15 min)

Psalm 23

Teacher Prep: Print and photocopy the Psalm 23 script (one per student).

- GIVE each student a copy of the Psalm 23 script
- ASSIGN numbered roles, 1 through 12, or allow students to go around the room in turn.
- SAY, You may recall that back in our second *Believe* lesson on Personal God, we focused on Psalm 23 as we learned that the Lord is MY shepherd. Now let’s look at it again, this time looking for ways our shepherd helps us be patient.

All students: Psalm 23: A psalm of David.

Student 1: This psalm was written by David, king of Israel. He wrote many of the psalms. Psalm 23 describes the comfort that God gave David during stressful times. It can encourage all of us to be patient.

All students: The Lord is my shepherd.

Student 2: David knew about being a shepherd because that’s how he spent his time as a young man. He even risked his life for his sheep. This describes God as our comforter and protector.

All students: He gives me everything I need.

Student 3: He may not give us everything we want, but God always gives us what we need. He knows our needs better than we do. We can trust him and rely on him.

All students: He lets me lie down in fields of green grass. He leads me beside quiet waters. He gives me new strength. He guides me in the right paths for the honor of his name.

Student 4: Sometimes God makes us stop and rest so that he can take care of us, just like a shepherd takes care of his sheep. God's presence brings us peace and rest.

All students: Even though I walk through the darkest valley, I will not be afraid.

Student 5: God will not keep us from experiencing problems in this life. We will encounter valleys, or hard times, but we do not have to remain stuck in them. We can walk through them patiently, knowing that God is with us.

All students: You are with me.

Student 6: God is always with us; we are not alone. He promises that he will never leave us nor forsake us.

All students: Your shepherd's rod and staff comfort me.

Student 7: God promises that he cares about us more than he cares about the birds in the air. Like a good shepherd, God rescues us and disciplines us when we need it.

All students: You prepare a feast for me right in front of my enemies.

Student 8: David sure knew about enemies. He was hunted by King Saul and the army of Israel, who were trying to kill him. Sometimes God asks us to hang out with our "enemies" so that God can do his work.

All students: You pour oil on my head.

Student 9: Samuel anointed David to be the future king when he was still a young boy. David had to wait many years to take his position as king. Today we are all anointed by the Holy Spirit.

All students: My cup runs over.

Student 10: This short, simple statement is a beautiful picture of God giving us more than we need or deserve. God gives you a cup overflowing with good things.

All students: I am sure that your goodness and love will follow me all the days of my life.

Student 11: We can all be as sure as David that we will experience God's goodness and love. It doesn't mean that everything that happens in our lives will be good, but that God is always good and loving.

All students: And I will live in the house of the LORD forever.

Student 12: God will create a new heaven and a new earth where we can enjoy fellowship with him forever.

All students:

The LORD is my shepherd. He gives me everything I need.

He lets me lie down in fields of green grass.

He leads me beside quiet waters.

He gives me new strength.

He guides me in the right paths
for the honor of his name.

Even though I walk
through the darkest valley,

I will not be afraid.

You are with me.

Your shepherd's rod and staff
comfort me.

You prepare a feast for me
right in front of my enemies.

You pour oil on my head.

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I am sure that your goodness and love will follow me
all the days of my life.

And I will live in the house of the LORD
forever.

STEP 4 | Going Home (5 min)

Supplies: Family Page (one per student)

Teacher Prep: Print and photocopy the Family Page (one per student).

- GIVE each student a copy of this week's Family Page.
- SAY, Give this page to your family when they pick you up. It will remind you to tell your family what you learned today about the two people who showed patience in our story today.

- HAVE students practice telling you about what it means to be patient.
- REVIEW this week's Key Verse as well as today's story and Key Idea as you wait for the students to get picked up.
- MAKE sure each student remembers to take home any activity sheets or craft projects and the Family Page.

FAMILY PAGE | Lesson 26: Patience

Bible Basis: 1 Samuel 24:1–22; John 5:1–15

Key Verse: Proverbs 14:29: “Anyone who is patient has great understanding.”

Key Question: How does God help me wait?

Key Idea: I do not get angry quickly, and I am patient, even when things go wrong.

Resource: *Believe Kids’ Edition*, Chapter 26, “Patience”

How to Use This Page

This week, your family can either read the story from *Believe Kids’ Edition* or read the Bible Basis passage from your Bible to help your child remember the lesson. Use the Table Talk questions below to start a discussion around the dinner table, while driving in the car, or just about anywhere. The Living Faith activity is designed to remind your child of the Bible lesson through a drama or other engaging activity. The Extra Mile idea provides interactive ways for your child to connect with the story.

Table Talk

- What does it mean to be patient? (Waiting for something you want)
- How have others been patient with you? How has God been patient with you?
- When do you find it most difficult to be patient? How can we help you improve in being patient?
- How does God teach us patience? Why?
- Have you had to deal with others who are being impatient? What did you do?

Living Faith

Option 1

Capture the essence of patience by creating a time-lapse video. This project will take patience and commitment, but it will produce a beautiful result. Choose a subject that changes over the course of an hour or so, such as clouds moving, getting a haircut, cooking a recipe, or making a craft. Take

photos or short videos every few minutes. Use a slide-show program or movie-making technology to turn the photos into a time-lapse video. Look online for lots of inspiration in making a time-lapse video.

Option 2

Have your child create a game that teaches patience to younger children. They say that teaching something is the best way to learn it, and working with young children definitely requires patience. The game can be a board game that requires taking turns or a more active game that involves some aspect of patience.

Extra Mile

- Help your child plan for a long-term goal, such as saving money for a large purchase or practicing an instrument for a certain number of hours. Plan out the steps to reach the goal and create a timeline. Pray about this goal, remaining open to the possibility that God may have a different timeline or even a different outcome in mind. Use any lessons along the way as teachable moments in building patience.
- Many of David's psalms illustrate the stress he felt when being pursued by Saul. Read through some of the psalms together with your child, discussing what might have been happening in David's life at that time. When your child faces a stressful situation that tests their patience, encourage your child to write a poem as an acceptable expression of those feelings.
- One way to counter impatience is with thankfulness. When your child is facing stressful times or feeling angry, do a thankfulness inventory. List the things, both immediate and eternal, that your child has to be thankful for. A thankful heart puts things in perspective and helps develop patience.

Psalm 23 Script

All students: Psalm 23: A psalm of David.

Student 1: This psalm was written by David, king of Israel. He wrote many of the psalms. Psalm 23 describes the comfort that God gave David during stressful times. It can encourage all of us to be patient.

All students: The Lord is my shepherd.

Student 2: David knew about being a shepherd because that's how he spent his time as a young man. He even risked his life for his sheep. This describes God as our comforter and protector.

All students: He gives me everything I need.

Student 3: He may not give us everything we want, but God always gives us what we need. He knows our needs better than we do. We can trust him and rely on him.

All students: He lets me lie down in fields of green grass. He leads me beside quiet waters. He gives me new strength. He guides me in the right paths for the honor of his name.

Student 4: Sometimes God makes us stop and rest so that he can take care of us, just like a shepherd takes care of his sheep. God's presence brings us peace and rest.

All students: Even though I walk through the darkest valley, I will not be afraid.

Student 5: God will not keep us from experiencing problems in this life. We will encounter valleys, or hard times, but we do not have to remain stuck in them. We can walk through them patiently, knowing that God is with us.

All students: You are with me.

Student 6: God is always with us; we are not alone. He promises that he will never leave us nor forsake us.

All students: Your shepherd's rod and staff comfort me.

Student 7: God promises that he cares about us more than he cares about the birds in the air. Like a good shepherd, God rescues us and disciplines us when we need it.

All students: You prepare a feast for me right in front of my enemies.

Student 8: David sure knew about enemies. He was hunted by King Saul and the army of Israel, who were trying to kill him. Sometimes God asks us to hang out with our “enemies” so that God can do his work.

All students: You pour oil on my head.

Student 9: Samuel anointed David to be the future king when he was still a young boy. David had to wait many years to take his position as king. Today we are all anointed by the Holy Spirit.

All students: My cup runs over.

Student 10: This short, simple statement is a beautiful picture of God giving us more than we need or deserve. God gives you a cup overflowing with good things.

All students: I am sure that your goodness and love will follow me all the days of my life.

Student 11: We can all be as sure as David that we will experience God’s goodness and love. It doesn’t mean that everything that happens in our lives will be good, but that God is always good and loving.

All students: And I will live in the house of the Lord forever.

Student 12: God will create a new heaven and a new earth where we can enjoy fellowship with him forever.

All students:

The LORD is my shepherd. He gives me everything I need.
He lets me lie down in fields of green grass.
He leads me beside quiet waters.
He gives me new strength.

He guides me in the right paths
for the honor of his name.

Even though I walk
through the darkest valley,

I will not be afraid.

You are with me.

Your shepherd's rod and staff
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You prepare a feast for me
right in front of my enemies.

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