

Week 2 – Breastplate of Righteousness

Memory Verse: “Blessed are those who hunger and thirst for righteousness, for they will be filled.”
Matthew 5:6

Lessons for the week:

Monday: Breastplate of Righteousness
 Tuesday: Noah (Genesis 6-9)
 Wednesday: David Chooses to Do Right (1 Samuel 24)
 Thursday: Review and Jesus is Righteous

Monday, Tuesday, Wednesday Schedule

10am – Big Assembly (led by interns)
 10:30-11:45 – Reading Class (taught by reading teachers)
 11:45-12:30 – Lunch
 12:30-12:45 – Large Group Bible Lesson **(led by youth groups!)**
 12:45-1:00 – Small Group Review Time (led by interns)
 1:00-2:00 - Rotations **(led by youth groups!):**

<i>Red, Purple, and Green Rotation Schedule (K, 1st, and 2nd grade)</i>			
	1:00-1:20	1:20-1:40	1:40-2:00
Craft 1	Red	Green	Purple
Game 1	Purple	Red	Green
Memory Verse 1	Green	Purple	Red

<i>Orange, Blue, and Yellow Rotation Schedule (3rd, 4th, and 5th grade)</i>			
	1:00-1:20	1:20-1:40	1:40-2:00
Craft 2	Orange	Yellow	Blue
Game 2	Blue	Orange	Yellow
Memory Verse 2	Yellow	Blue	Orange

2:00 – Ticket Time

Monday, June 27th

Major Point: The breastplate of righteousness protects our hearts. Righteousness is the state of being “right with God.” It is striving to keep sins out of our hearts.

Large Group Bible Lesson: Spend 15 minutes teaching the children the story for today. You can do a skit, act the story out while someone reads or tells the story, show a video, etc. You only have to tell the story once, so go all out here and be creative! Below are some ideas to get you started:

- Have your teens act out 2 battles – one where they are wearing breastplates and where they are not. Explain the importance of a breastplate (protects your vital organs like our hearts) to a Roman soldier. Then explain righteousness (being right with God) and how it relates to the breastplate.
- Example “Today we are going to learn about the Breastplate of Righteousness. Who knows what righteousness means? (Allow students to respond.) That’s correct, righteousness is being right with God. It means doing our best to make sure there is no sin in our lives. What does a breastplate protect? (Allow students to respond.) All your internal organs, like your heart and stomach. I don’t want you to answer out loud, but can any of you think of a time when you sinned? Think to yourself how you felt after you sinned. (Give time for students to think.) At first it may have felt really good, but after a while, you probably felt pretty bad, huh? That’s because when we sin, we aren’t wearing the Breastplate of Righteousness. This makes it even easier for Satan to come in and help us to sin more. Remember, we make the choice to let Satan lead us to sin. If we work to put on the Breastplate of Righteousness every day, then it will be really hard for him to lead us into sin because we will be focused on following the commandments God gives us.”

Rotations:

Craft (20 min): You can do the same craft in both craft room 1 and craft room 2 or have a different, more age appropriate craft in each room. Below are some ideas:

- Decorate t-shirts with bible verses and symbols to remind yourself about righteousness and living right with God.
- Make a breastplate out of a paper grocery bag. See directions here:
<http://eaglenestmom.blogspot.com/2012/07/craft-make-breastplate-of-righteousness.html>

Game (20 min): You can do the same game in both game 1 and game 2 or have a different, more age appropriate game in each room. Below are some ideas:

- Play dodge ball with soft balls or water balloons (outside), but you are only out if you are hit in the chest. Shots to the arms, legs, and head do not count.

- Flee from wrong game. Directions are here
<http://www.kidsofintegrity.com/lessons/righteousness/hands-options/flee-wrong>

Memory Verse/Snack (20 min):

- Use this time in both memory verse classes to help the children learn the verse for the week: "Blessed are those who hunger and thirst for righteousness, for they will be filled." Matthew 5:6. Use the activity below or come up with one of your own.
 - Hand Signs: Assign a hand motion for each word of the verse. Teach the children the hand signs and the words at the same time. Then say the words while the children only do the hand motions. And then do the hand motions while the children say the words.
- Snack: Heart shaped cookies

Tuesday, June 28th

Major Point: Noah was a righteous and blameless man.

Large Group Bible Lesson (15 minutes): Noah (Genesis 6-9). Make this story come alive for the kids! Most of our kids have heard it before, but it will have a whole new meaning when they see it acted out. Ministry-to-children.com has some awesome resources for skits... <http://ministry-to-children.com/?s=Noah+Skit+Part>. Be sure to emphasize that Noah was a righteous and blameless man – he wore his breastplate of righteousness.

Rotations:

Craft (20 minutes): You can do the same craft in both craft room 1 and craft room 2 or have a different, more age appropriate craft in each room. Below are some ideas:

- My Promises to God Rainbow: Cut half of a paper plate to make a rainbow, and then tie raindrops with yarn. Have the children write on the raindrops ways they can be righteous like Noah was righteous.



- See more ideas here:
http://www.daniellesplace.com/html/bible_themes_noah.html#lessons

Game (20 minutes): You can do the same game in both game 1 and game 2 or have a different, more age appropriate game in each room. Below are some ideas:

- Have an ark relay race game where the kids line up and go into the ark in groups of two as the animals. (Act out motions for the animal). Wiggle and act out different animals and let the kids guess what the animal is.
- Split the children into smaller groups and have them assemble boxed animal puzzles. Be sure to tell the children that Noah obeyed God when he built a huge boat and gathered the animals as God had instructed him. Their task is to assemble these animal puzzles.

Memory Verse/Snack (20 minutes):

- Use this time in both memory verse classes to help the children learn the verse for the week: "Blessed are those who hunger and thirst for righteousness, for they will be filled." Matthew 5:6. Use the activity below or come up with one of your own.
 - Teams: Divide the kids into two teams. Let one side say the first part of the verse and let the others complete it. See how loud and soft and fast and slow each side

can be. (Remember you can be creative in your team divisions: Boys v. Girls, Sandals v. Tennis Shoes, kids wear shorts v. kids wearing jeans...etc.) Compliment both teams on a job well done.

- Snack: animal crackers or go all out with something like this picture...



Wednesday, June 29th

Major Point: David had a choice, but still chose to do right.

Large Group Bible Lesson (15 Minutes): This is a fun story for your teens to act out. Use costumes and props! You can even transform the stage to look like a cave. Emphasize the fact that David had a choice, but still chose to do right – he was wearing the breastplate of righteousness!

Rotations:

Craft (20 Minutes): You can do the same craft in both craft room 1 and craft room 2 or have a different, more age appropriate craft in each room. Below are some ideas:

- **Cave Craft:** Our story today centers around how David did the right thing twice when he had the opportunity to take matters into his own hands. David learned to wait on the Lord. This craft will help the children to remember the story. Use a sheet of dark blue construction paper for the night sky (background). Using brown construction paper cut out a cave and glue to the blue paper. Next, cut out a black circle using black construction paper. Glue the black circle onto the cave for an entrance. Using white or yellow crayon or chalk, write the memory verse on top of the “night’s sky” and color in stars and moon.
- Have all different types (colors, texture, pattern, etc.) of scrapbook or other paper. The children can tear pieces off and glue to a piece of construction paper to represent the piece of Saul’s robe. Write at the top of the page “David chose to do right”.



Game (20 Minutes): You can do the same game in both game 1 and game 2 or have a different, more age appropriate game in each room. Below are some ideas:

- Make a cave (use fabric and a tent) to let the kids crawl through and act out the story.
- Create a maze where the children have to choose which way to go. For the older children, you can have them read clues and then make the choice which way to go.

Memory Verse/Snack (20 Minutes):

- Use this time in both memory verse classes to help the children learn the verse for the week: “Blessed are those who hunger and thirst for righteousness, for they will be filled.” Matthew 5:6. Use the activity below or come up with one of your own.

- Verse Pop: Gather several small strips of paper and write one or two words of the verse on each strip. Put each paper inside a balloon and inflate the balloon. Let the children who are sitting the most quietly pop the balloon handed to them, and say the word they find inside. Have all the children repeat the word and continue until all the balloons are popped. Then have the kids work together to put the verse in the correct order and say it all together.
- Snack: Trail Mix

Thursday, June 30th

Major Point: We should be in “right” relationship with God and other people.

Large Group Bible Lesson: Another way to think of righteousness is “being in right relationship” The two general relationships we need to be conscious of: relationship with God and relationships with people. Being in “right” relationship only comes through Jesus, but we should strive to keep up “right relationship” with God and people. One way to teach this to the kids is to do three different skits that present real life situations. Then let the children vote on different solutions that help maintain good relationships between the characters involved. For example, one situation could be where the main character messes up and has to figure out how to keep good relationships with his/her parents. Another idea is someone else messes up against the main character and the main character needs to forgive them in order to keep that relationship. Maybe God shows up in another situation and the person has to pray for forgiveness to God after messing up somehow.

Review lessons from Monday, Tuesday, and Wednesday. Small group battles are next in the schedule!

No rotations